



Supporting Healthy Business



Training Courses



Bringing Occupational Health to you

We can help make your workplace a better place. Our onsite training courses give you and your employees the opportunity to make a difference.

Take a look at the courses we offer on our website or just ask us:

- Mental Health: The Big Picture, Understanding Mental Health (Line Managers)
- How to be more resilient
- Wellbeing Focussed
- It started with a spliff
- Managing Drugs and Alcohol
- How to get the best out of Occupational Health
- What is Health Surveillance and why do you need it?
- What is the point of a Pre-Placement Health Questionnaire?

Get in touch

Our occupational health services can increase productivity and help employees feel more valued. To find out more, get in touch – we'd love to hear from you!

Gaters Mill, Farlyn House, Mansbridge Rd, Southampton, SO18 3HW
support@occupationalhealthltd.co.uk
023 8047 5000
www.occupationalhealthltd.co.uk

